

Abb. 24:
 Tricks bei der
 Q-Wende

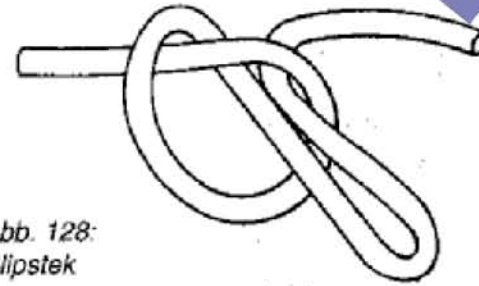
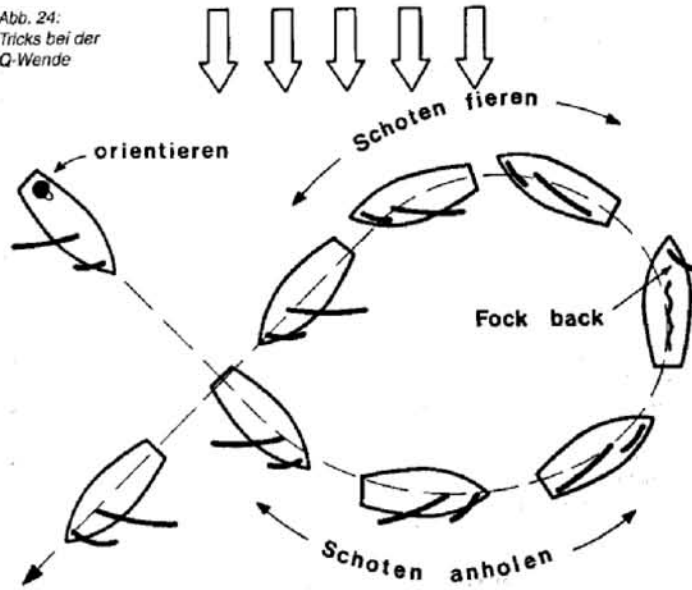


Abb. 128:
 Slipstek

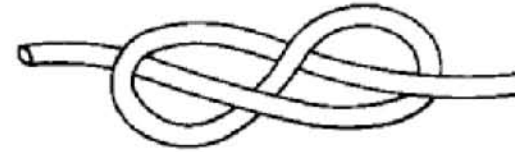


Abb. 129:
 Achtknoten

Abb. 130:
 Kopfschlag

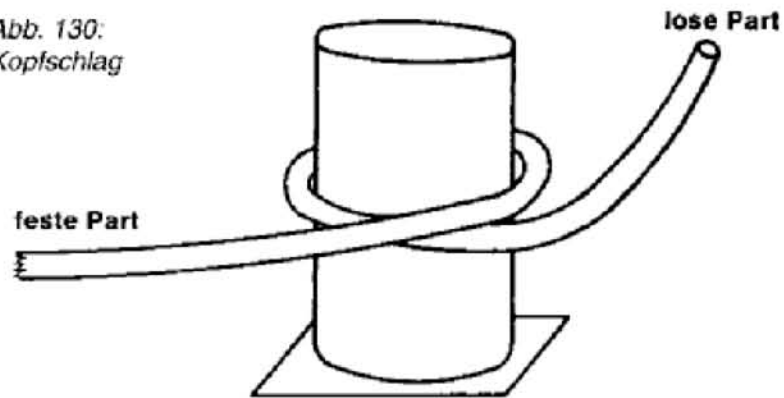
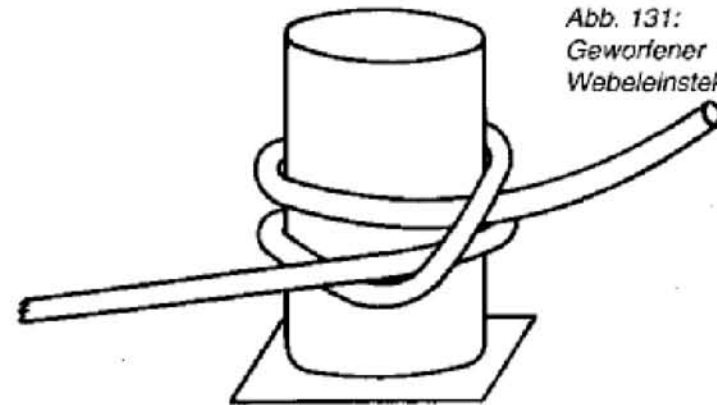
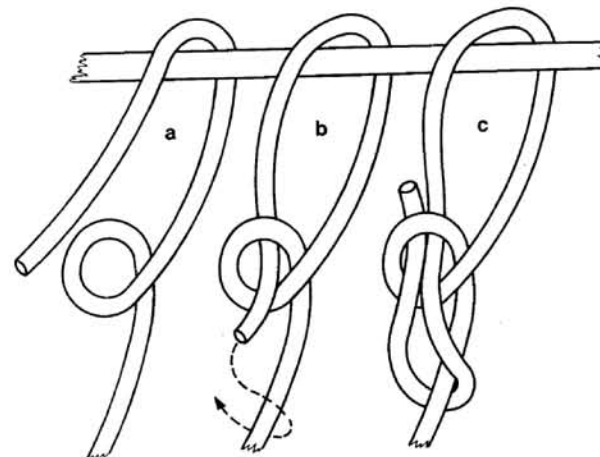
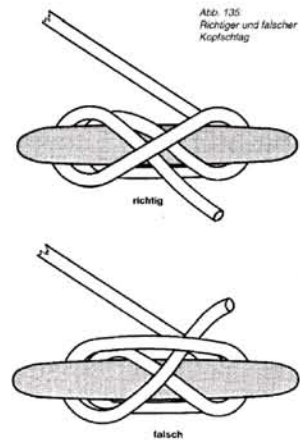
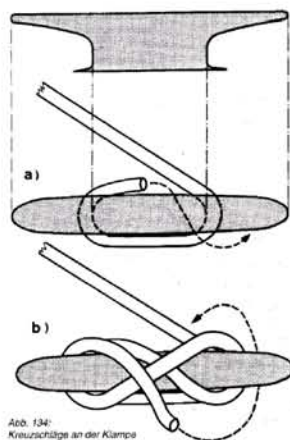
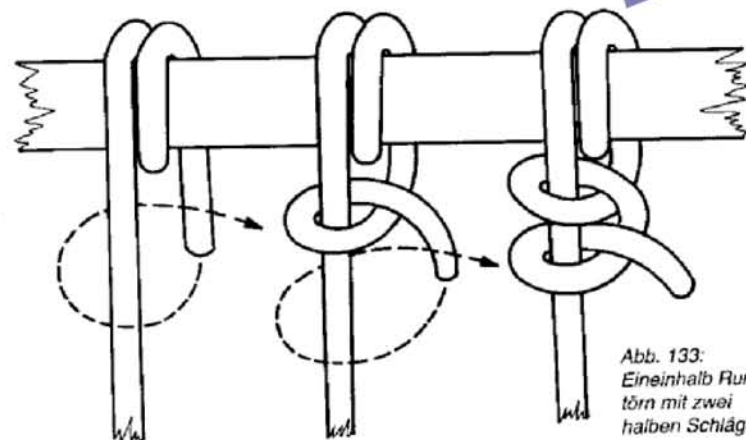
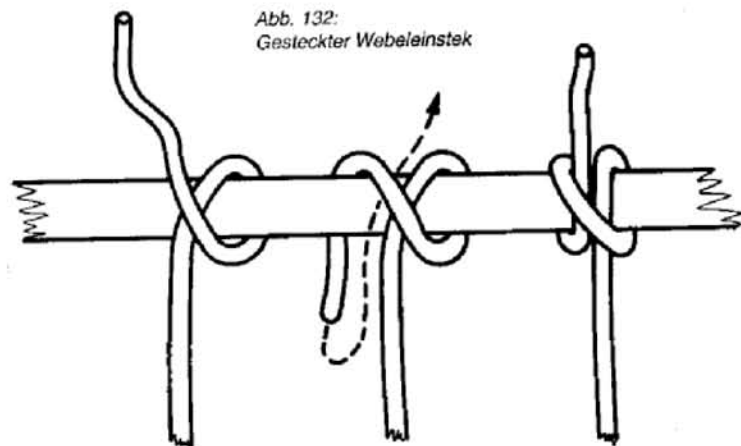


Abb. 131:
 Geworfener
 Webeleinstek





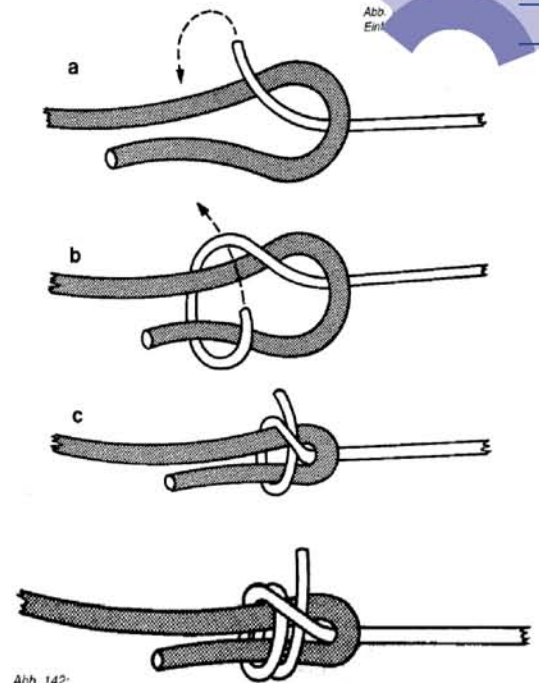
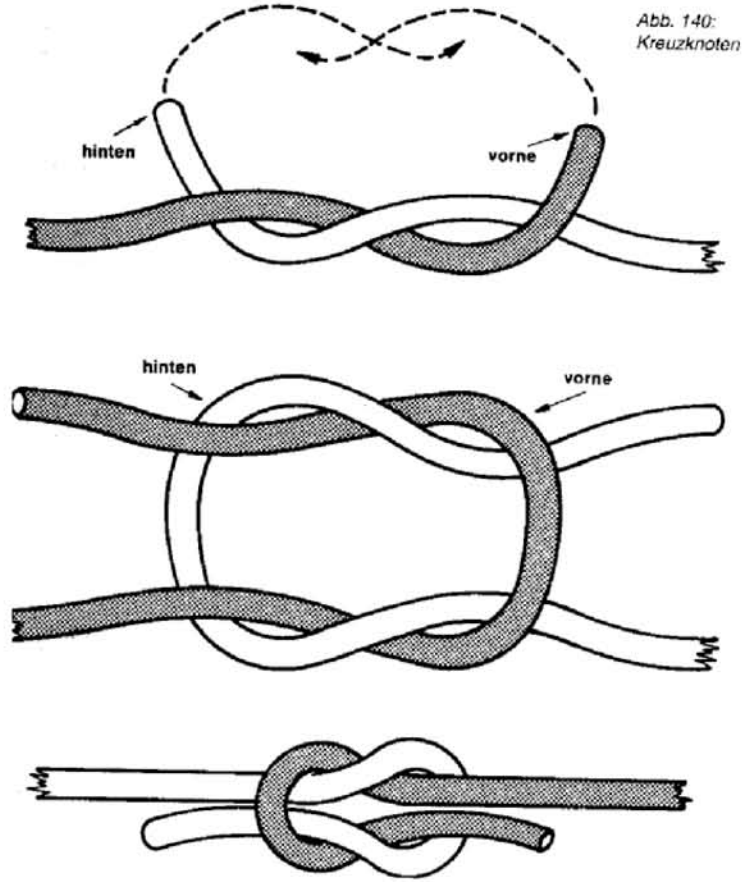


Abb. 142:
Doppelter Schotstek

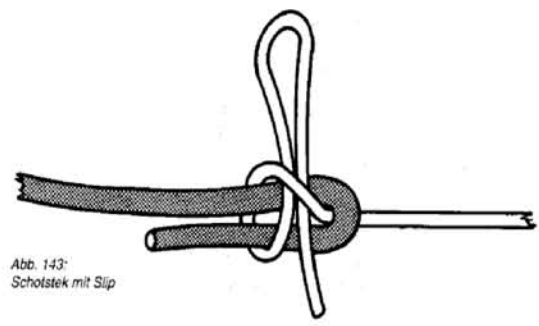


Abb. 143:
Schotstek mit Slip

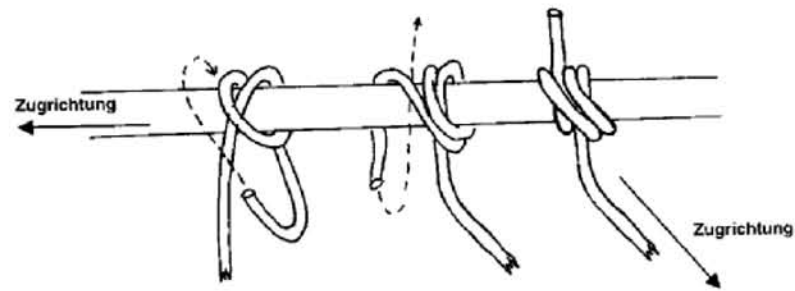


Abb. 148:
Stopperstek

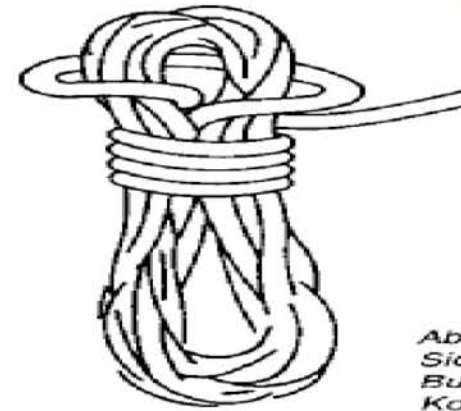


Abb. 146:
Sichern des
Bunsches mit
Kopfschlag

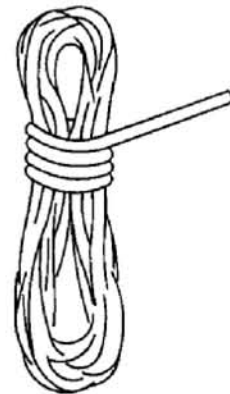


Abb. 145: Zum Bunsch aufschießen

Abb. 147:
Aufhängen des
Bunsches an
der Klampe

